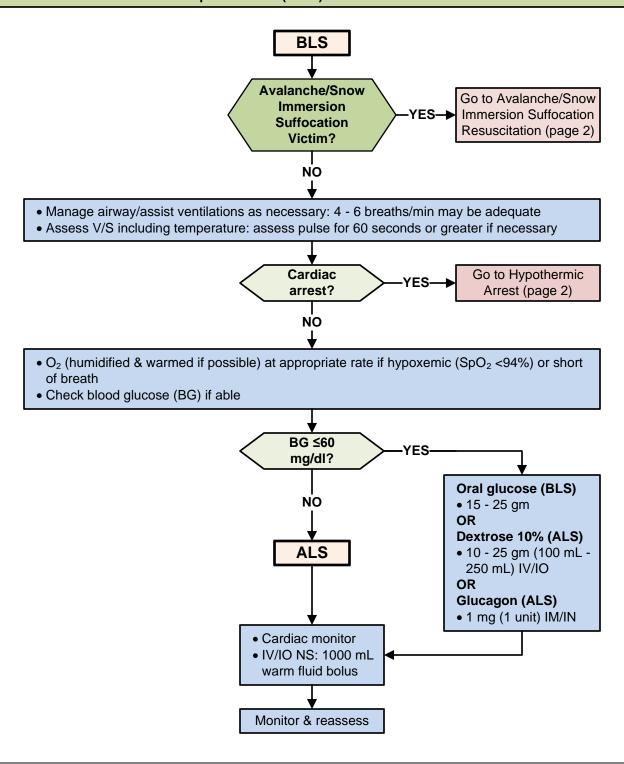
## Hypothermia & Avalanche/Snow Immersion Suffocation Resuscitation

Approval: Troy M. Falck, MD – Medical Director Effective: 06/01/2024

Approval: John Poland – Executive Director Next Review: 01/2027

- Move pt to a warm environment, remove wet clothing, begin warming measures as soon as possible.
- Moderately & severely hypothermic pts should be handled as gently as possible.
- This protocol incorporates the official guidelines for the onsite treatment of avalanche victims established by the International Commission for Alpine Rescue (ICAR).

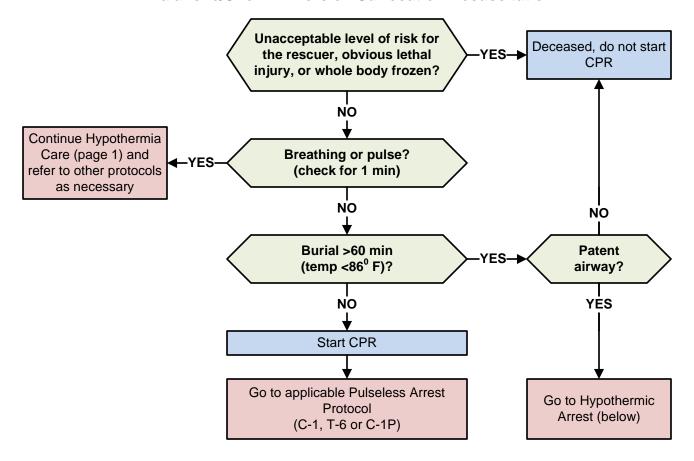


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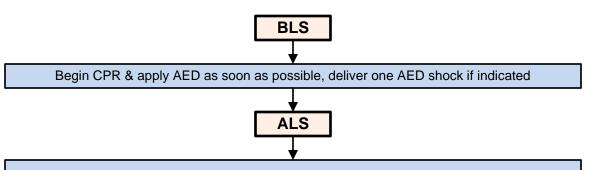
## Hypothermia & Avalanche/Snow Immersion Suffocation Resuscitation

## Avalanche/Snow Immersion Suffocation Resuscitation



## **Hypothermic Arrest**

- Medications & defibrillation may be ineffective in a hypothermic cardiac arrest pt. If the pt is in v-fib, one shock & one round of medications should be delivered. It is reasonable to delay further defibrillation attempts & further medications until the pt is rewarmed.
- Continuing CPR & safe expedited transport to the nearest facility is the pt's best chance at survival.



- If indicated according to Pulseless Arrest protocol (C-1, T-6 or C-1P), administer one manual defibrillation & one round of ALS medications
- Evacuate/transport as soon as possible continue CPR until ROSC, rescuer exhaustion, hospital arrival, or base/modified base hospital order to terminate resuscitation efforts