



**Pediatric Respiratory Distress – Stridor**

Approval: Troy M. Falck, MD – Medical Director

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Approval: John Poland – Executive Director

Next Review: 09/2026

- The hallmark of upper airway obstruction (croup, epiglottitis, foreign body airway obstruction) is inspiratory stridor.
- Do not attempt to visualize the throat or insert anything into the mouth if epiglottitis is suspected.

