

## Sierra – Sacramento Valley EMS Agency Treatment Protocol

M-9 (LALS)

## **CO Exposure/Poisoning**

Effective: 12/01/2022 Approval: Troy M. Falck, MD – Medical Director

Approval: John Poland – Executive Director Next Review: 09/2025

- Initial symptoms of CO exposure are insidious, similar to the flu and thus seemingly benign. These symptoms increase in severity as the SpCO level rises & may include one or more of the following:
- Confusion

- Seizures

- Dizziness/vertigo
- Headache
- Shortness of breath Nausea/vomiting

- Fatigue - Syncope
  - Confusion - Shock - Coma
- Tachycardia - Cardiac arrhythmias
  - Apnea

