

# Sierra – Sacramento Valley EMS Agency Treatment Protocol

## CO Exposure/Poisoning



Effective: 06/01/2016

Next Review: 04/2019

**M-9**

Approval: Troy M. Falck, MD – Medical Director

SIGNATURE ON FILE

Approval: Victoria Pinette – Executive Director

SIGNATURE ON FILE

• Initial symptoms of CO exposure are insidious, similar to the flu and thus seemingly benign. These symptoms increase in severity as the SpCO level rises and may include one or more of the following:

- |             |                     |             |                       |                       |
|-------------|---------------------|-------------|-----------------------|-----------------------|
| - Confusion | - Dizziness/vertigo | - Headache  | - Shortness of breath | - Nausea/vomiting     |
| - Fatigue   | - Syncope           | - Confusion | - Tachycardia         | - Cardiac arrhythmias |
| - Seizures  | - Shock             | - Coma      | - Apnea               |                       |

