

Sierra – Sacramento Valley EMS Agency Treatment Protocol

Frostbite



Effective: 06/01/2016

Next Review: 04/2019

E-3

Approval: Troy M. Falck, MD – Medical Director

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BLS

- ABC's
- Assess V/S
- O₂ at appropriate flow rate
- Remove wet clothing
- Elevate extremity
- Wrap affected area in dry, sterile gauze
- Separate affected digits

ALS

- Consider IV/IO NS TKO - if experiencing pain with anticipated need for IV/IO analgesia

Pain management necessary?

YES

Go to Pain Management Protocol (M-8) or (P-34)

NO

Monitor & reassess