

# Sierra – Sacramento Valley EMS Agency Treatment Protocol

## Frostbite



Effective: 06/01/2016

Next Review: 04/2019

**E-3 (LALS)**

Approval: Troy M. Falck, MD – Medical Director

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**BLS**

- ABC's
- Assess V/S
- O<sub>2</sub> at appropriate flow rate
- Remove wet clothing
- Elevate extremity
- Wrap affected area in dry, sterile gauze
- Separate affected digits

**LALS**

- Consider IV/IO NS TKO - if experiencing pain with anticipated need for IV/IO analgesia

**Pain management necessary?**

YES

Go to Pain Management Protocol (M-8) or (P-34)

NO

Monitor & reassess