

SIERRA-SACRAMENTO VALLEY EMS AGENCY
TREATMENT PROTOCOL-MEDICAL EMERGENCY

MEDICAL
REFERENCE NO. M-2

SUBJECT: SHOCK / NON-TRAUMATIC HYPOVOLEMIA

- Shock = 2 or more of the following:
 - Pale, cool and/or diaphoretic skin signs
 - Altered Mental Status
 - B/P < 90/systolic
- Initiate early transport and treat enroute, if appropriate.

BLS

- ABCs
- Assess respiratory status / High flow O₂
- Assess V/S
- Assess History & Physical

ALS

- Pulse oximetry,
- Cardiac monitor
- Consider advanced airway if GCS ≤ 8
- Contact base if suspect cardiogenic shock

IV / IO TKO - Normal Saline

If signs/symptoms of blood loss, hypoperfusion, SBP < 90:
Give up to 1000 ml bolus, titrate to SBP > 90

If SBP < 70, give up to 2000 ml bolus, titrate to SBP > 90

Consider 2nd IV

Notify receiving facility

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